



The Pulse

Olde Towne
MEDICAL & DENTAL CENTER

5249 Olde Towne Road
Williamsburg, VA 23188
757.259.3258

www.oldetownemedicalcenter.org

October 2021 | Issue 14



October Health Highlights

Breast Cancer Awareness
National Dental Hygiene
Month
Children's Health Month
Mental Health and
Depression Screening Month

Save The Date For
GIVING TUESDAY
November 30, 2021

GIVING
TUESDAY

Why Give on GIVING TUESDAY?

The very definition of giving is:
*providing love or other emotional
support; caring.*

Giving Tuesday is a global
movement to do good, to help
your fellow man and your
community, to share good fortune
with others, to show care to the
universe. Basically to make you
feel good!

Why Give to Olde Towne Medical & Dental Center on Giving Tuesday?

To help those that are uninsured
or under insured continue to get
health care when they need it. To
keep a young child healthy,
immunized and able participate in
sports and activities. To allow a
pregnant mother to receive



... from the desk of the Executive
Director

Our Mission:

*To assure access to quality health and wellness care
to the residents and workforce of the
greater Williamsburg community.*

Patients, Colleagues & Board of Directors,

As we start our second quarter of FY'22, there are a
lot of positive happenings at Olde Towne Medical &
Dental Center.

Our clinical staff continues to perform above industry
standards as they attack this Pandemic head-on. We
continue to test patients and still provide the COVID-
19 vaccine for those that have yet to be vaccinated.
We have also started vaccinating against the flu as
well. In addition, there have been several community
vaccination events in which our staff has participated.
For example, yesterday, Kendra Robinson, NP, and
her team inoculated individuals from the James City
County Department of Social Services.

We've also had the pleasure of adding to our talented
staff. We have filled some critical roles that will aid
Olde Towne in continuing to adhere to our Mission.

Some of you may have received our fall fundraising
mailer on behalf of our development and marketing
teams. We are always grateful and forever
appreciative of any gifts provided to the facility.

prenatal care and education as a new mom. To help someone with diabetes manage their disease and learn healthier ways to care for themselves like eating better and learning to exercise. The list goes on and on. How will you make a difference in our community on Tuesday, November 30?

Learn more, join the movement and give to Olde Towne On November 30 by clicking here:

**GIVING
TUESDAY**



Spotlight On...



Tammy Rosales, LPN
Clinical Professional

Meet Tammy! She has been at Olde Towne for 10 years and runs the lab and immunization clinic. Tammy works with all of our medical providers serving the many patients they see daily for lab work, immunizations and more.

Tammy says that working at Olde Towne brings her joy! "I get to serve others and fill a need they

Lastly, we are just over six months away from our Gala, "A Night On The Olde Towne." Please support us in this endeavor. It will be a spectacular evening of fun.

Until next month....

~ Aaron T ~

OTMDC Welcomes New Staff Members

Olde Towne is happy to announce new members to our staff. In recent weeks we have been fortunate to hire a new provider, add to our dental staff and increase our front office staff. Please join us in welcoming Family Nurse Practitioner, Sydney Greenberg, Dental Assistant, Valerie Dominguez and Clinical Assistant, Shannon Sarver. All three of these skilled professionals are excited to work with our patients and help Olde Towne continue to provide excellent care.



TRICK-OR-TREAT Safety



As the little ones venture out for treats on Halloween, make sure you have some safety tips for them to follow:

- Wear costumes that are safe for walking/running, are brightly colored or have reflective decorations so they can be seen at night.
- Stay in groups, never go to the door alone.
- Wear a mask where appropriate (inside, in large groups, or during close contact activities)
- Have an adult check the candy you bring home BEFORE it is eaten.

may have in their overall health care."

When Tammy isn't at Olde Towne, she enjoys spending time with her husband and daughters. She is also a caregiver for her father many times on the weekends. She is an animal lover too and likes spending time playing with her dog Jackie and her cat Tasha.

We are so glad to have Tammy as part of our Olde Towne staff.

Olde Towne Medical & Dental Center is seeing patients in person on a limited basis to allow for safety protocols and additional cleaning between patient appointments as directed by the CDC Guidelines for treating patients during the pandemic. We also offer telehealth visits. ALL Visitors to our building are REQUIRED to wear a mask. No walk-in appointments available at this time.

BE SOCIAL WITH US!

Follow us:



Facebook: @OTMDC

Instagram: @OTMDC

Twitter: @OTMDC1



Don't forget that although the Gala "A Night On The Olde Towne"

has been moved to April 22,



Relay For Life Update \$1,700 Raised

Though the increase in COVID Variant numbers forced the organization to postpone the actual relay in October until next year, Olde Towne staff was able to raise \$1,700.00 for Cancer Research. It's another way our caring staff members support other non-profits and causes in the community.

This is why we Relay.



Olde Towne recently took part in the James City County sponsored National Night Out.

We spent time talking with families about the services available at Olde Towne and handed out some information and goodies.

Come check us out at the James City County "Boo Bash" Trick-Or-Treat event this month where we will have a Halloween themed table with new marketing materials and Halloween goodies of course!



Flu Shot Season Is NOW!

No, October is NOT too early to get your flu vaccine. In fact, it is recommended that people get their shot in October to hold down transmission of the flu virus during the holiday season and winter months. Don't wait to get your flu vaccine. With the COVID variants,

2022, we are still accepting sponsors and you can purchase your tickets early at the link below:

**TICKETS &
SPONSORSHIPS
CLICK HERE**

it is even more important to protect yourselves from the flu this season. We've even been traveling around the county to make sure those JCC employees that want a flu shot get one as early as possible. We are working to keep our community healthy. Make an appointment today at Olde Towne, 259.3258.



Olde Towne
MEDICAL & DENTAL CENTER

Olde Towne Medical & Dental Center
5249 Olde Towne Road
Williamsburg, VA 23188
757.259.3258
www.oldetownmedicalcenter.org

Visit our
website



Our Mission:
To assure access to quality health and wellness care
to the residents and workforce of the greater
Williamsburg community



Some images used with permission from
[canva.com](https://www.canva.com) and Giving Tuesday